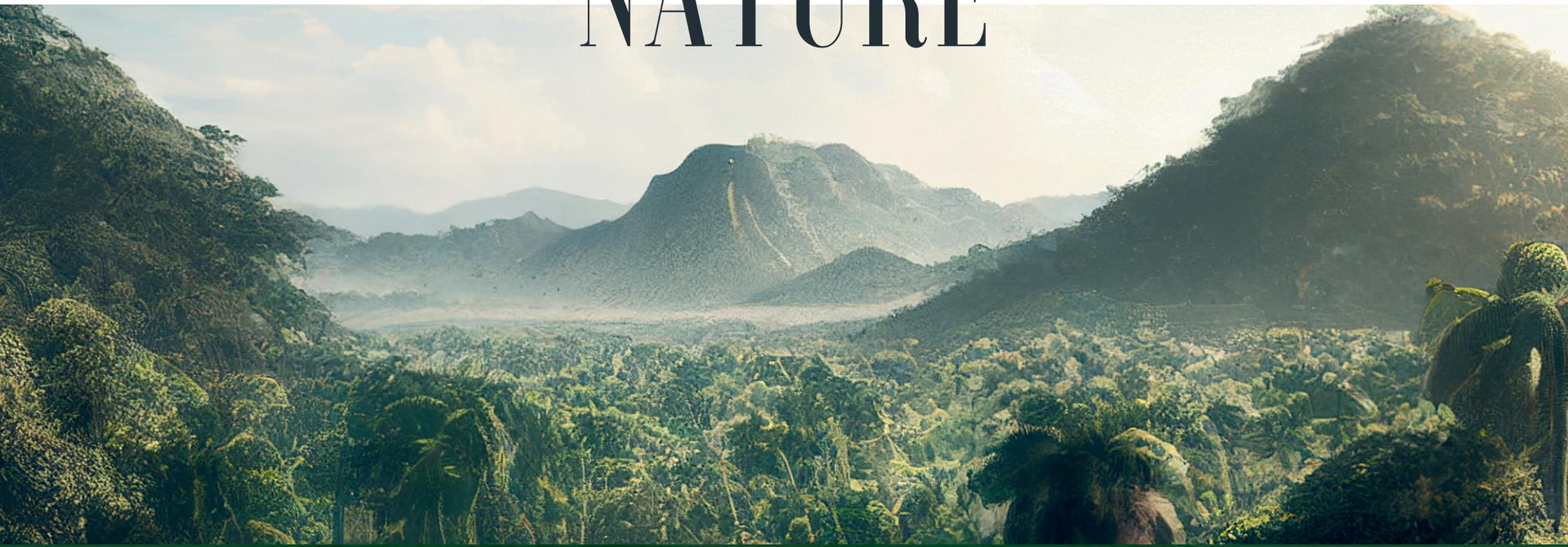


BACK TO NATURE



DAILY HEALTH SUPPLEMENT

Sea Buckthorn juice

500ml



Ingredients :

Each 30 ml contains		
Seabuckthorn Juice	(Hippophae rhamnoides)	80%
Amalaki Juice	(Emblica officinalis)	13%
Aloevera Juice	(Aloe barbadensis)	3%
Ashwagandha Liquid Extract	(Withania somnifera)	0.5%
Shatavari Liquid Extract	(Asparagus racemosus)	0.5%
Turmeric Liquid Extract	(Curcuma longa)	0.5%
Triphala Liquid Extract	(Generic preparation)	0.5%
Base		qs

Benefits

- Pure and Natural Sea Buckthorn Extract
- Rich in vital Vitamins C for Improved Immunity
- Helps to improve skin and hair health
- Supports Cardiovascular Health

Dosage: 30ml twice daily with water preferably on an empty stomach.

Noni Juice

500ml



Ingredients :

Each 30 ml contains		
Noni	(Morinda citrifolia)	60%
Garcinia	(Garcinia cambogia)	10%
Base		qs

Dosage : Dilute Noni Juice with water or other Juices. Always drink on an empty stomach, 30 minutes before food. Drink lots of water throughout the day

Benefits

- Pure and Natural Noni Extract
- Helps to improve Energy
- Natural Anti-Inflammatory Properties
- Supports Joint Health & Weight Management

Mix Berries Juice

500ml



Ingredients :

Each 30 ml contains		
Blackberry Juice	(Rubus)	0.102ml
Blueberry Juice	(Vaccinium sect. cyanococcus)	0.102ml
Blackcurrant Juice	(Ribes nigrum)	0.102ml
Raspberry Juice	(Rubus idaeus)	0.102ml
Strawberry Juice	(Fragaria ananassa)	0.504ml
Beetroot Juice	(Beta vulgaris)	1.002ml
Garcinia Extract	(Garcinia cambogia)	1.002gm
Seabuckthorn Juice	(Hippophae)	0.504ml
Ginger Juice	(Zingiber officinale)	0.504ml
Noni Juice	(Morinda citrifolia)	0.993ml
Chicory Root Extract	(Cichorium intybus)	0.201gm
Jambu Juice	(Syzygium cumini)	1.002ml
Amla Juice	(Embllica officinale)	1.002ml
Base		qs

Benefits

- Rich in Antioxidants for Overall Well being
- Supports Healthy Immunity
- Supports Digestive Health
- Hydrates and Nourishes the Body

Dosage : 30 ml Juice consume directly or mix with equal amount of water. Always drink on an empty stomach. 30minutes before food. Drink lots of water throughout the day

Ayurvedic Powder/ Tablet

100g/15 tablets



Ingredients:

Turmeric Powder, Tulsi Powder, Amla Powder, Harde Powder, Baheda Powder, Guduchi Powder, Moringa Powder, Ashwagandha Powder, Shatavari Powder, Mulethi Powder, Bhuiamla Powder, Vrikshamla Powder, Vidarikhand Powder.

Dosage :

Tablets:

1. Drop one tablet in 200ml of water
2. Wait till the tablet dissolves completely
3. Enjoy the healthy drink

Powder: Take one rounded teaspoon (approx. 3.5 gms) of powder daily in the morning. It should ideally be taken on empty stomach before meals.

Serving Suggestion : Mix with water or juice. For better results it should be taken with warm water.

Benefits

- Ayurvedic Fitness Smoothie powder is a rich source of Vitamins , minerals and dietary fiber.
- May help to boost Immunity
- Antioxidant properties may help to release stress and inflammation that improves Heart , kidney and liver health.
May help in detoxify body.
- May help in digestive health and metabolism that helps in weight management.
- May help in balance blood sugar level and lowers cholesterol.
- Anti-inflammatory Properties may help to reduce pain and inflammation.

Men's Health Powder/ Tablet

100g/15 tablets



Ingredients:

Ashwagandha Extract, Vidarikhand Powder, Safed Musli Powder, Moringa Powder, Masha, Gokshur, Shatavari Extract, Shilajit Extract

Dosage :

Tablets:

1. Drop one tablet in 200ml of water
2. Wait till the tablet dissolves completely
3. Enjoy the healthy drink

Powder: Take one rounded teaspoon (approx. 3.5 gms) of powder daily in the morning. It should ideally be taken on empty stomach before meals.

Serving Suggestion : Mix with water or juice. For better results it should be taken with warm water.

Benefits

- May Improve Muscle mass , strength and stamina
- It may reduce cortisol, stress hormone and regulates hormones which helps to treat low libido and improves sex life
- Aphrodisiac property may improve vigor and vitality in men
- May help to increase male fertility
- May helps to increase in Sperm count and Sperm Motility
- May Improve erectile dysfunction and prostate health
- Best in Rejuvenating and adaptogenic properties

Women's Health Powder/ Tablet

100g/15 tablets



Ingredients:

Shatavari, Ashwaghandha,
Aloe vera, Jaiphala, Ashoka, Gokshur
Methi Seed, Vidarikhand, Safed Musli

Dosage :

Tablets:

1. Drop one tablet in 200ml of water
2. Wait till the tablet dissolves completely
3. Enjoy the healthy drink

Powder: Take one rounded teaspoon (approx. 3.5 gms) of powder daily in the morning. It should ideally be taken on empty stomach before meals.

Serving Suggestion : Mix with water or juice. For better results it should be taken with warm water.

Benefits

- May help in hormone balancing .
- May help improve reproductive health .
- May help in reducing menopausal symptoms .
- May promote production of breast milk in lactating women .
- May act as Natural detoxifiers so beneficial for Skin health .
- May reduce pain during painful menstruation and uterine Problems
- May help to reduce the weakness and improves energy level in females

24 Green Tablet

15 Tablets / 100gm



Ingredients:

Wheatgrass, Alfalfa, Barley grass, Spirulina, Spinach, Papaya leaves, Moringa, Methi seed, Pippali, Dalchini, Cardamom, Ashwagandha, Shatavari, Tulsi, Turmeric, Yastimadhu, Flax seed, Sesame seed, Amla, Beetroot, Ajma, Triphala, Fennel seed, Dates, Lemongrass, Clove.

Dosage :

1. Drop one tablet in 200ml of water
2. Wait till the tablet dissolves completely
3. Enjoy the healthy drink

Benefits

- Convenient Effervescent Form for Easy Consumption
- Packed with Antioxidants for Improved Immune Health
- Helps to improve Skin Glow & Hair Growth Naturally
- Helps to improve energy and reduce lethargy

Turmeric LT Tablet & powder

15 tablets/ 100g



Ingredients:

Turmeric Powder(Curcuma longa), Cinnamon(Cinnamomum zeylanicum), Ginger(Zingiber officinale), Black Cardamom (Amomum subulatum), Black pepper(Piper nigrum), Green Cardamom(Elettaria cardamomum), Fennel(Foeniculum vulgare), Stevia

Dosage :

Tablet:

- 1.Add 1 to 2 tablets in a lukewarm Milk or water.
- 2.Stir Well. After the tablet is fully dissolved, sip this energy drink
- 3.Slowly & enjoy the goodness of herbs in a tastier way

Powder:

Take 3 gms of Turmeric Latte twice/thrice daily.

Direction of use: Add one tsp(3g) of Turmeric Latte powder to hot milk, stir well. Enjoy a hot drink. **Suggestions:** Can be served hot/chilled as desired.

Benefits:

- Anti-inflammatory Properties helps in respiratory comfort
- Supports immune health
- Antioxidant-rich Formula
- Improves skin health and helps to purifier blood

Panch Tulsi Drops

30 ml



Ingredients:

Vishnu Priya Tulsi Extract (*Ocimum sanctum*) ,
Rama Tulsi Extract (*Ocimum gratissimum*),
Bisva Tulsi Extract (*Ocimum basilicum*)

Dosage :

Take one drop of Panch Hills Tulsi in glass of water or tea 4-5 times a day

Benefits:

- May provide protection from Cough, cold
- Supports Immune Health
- May help to prevent recurrent infections
- Helps to soothe respiratory track