



Ayurvedic Medicine

MEMORY SUPPORT

MEMORY SUPPORT



Forgetfulness



Difficulty in concentration



**Stress/
Anxiety**



Boredom



Poor attention

Smruti Plus Soft Gelatin Capsule

30 Capsule



Smruti FP Capsule

60 Capsule



Smruti Pro Capsule

60 Capsule



Smruti Plus Soft Gelatin Capsule

30 Capsule



Composition :

Each Soft Gelatin Capsule contains Ghruta 500 mg which consists of :

Quath Dravya of

Brahmi	(Bacopa monnieri)	193.55 mg
Jyotishmati	(Celastrus paniculatus)	32.25 mg
Vacha	(Acorus calamus)	16.15 mg
Shankhapushpi	(Evolvulus alsinoides)	64.50 mg
Mandukparnee	(Centella asiatica)	129.05 mg
Guduchi	(Tinospora cordifolia)	64.50 mg

Processed by the method of SIDDHA GHRUTA in

Cow Milk	500 mg
Go-ghruta	500 mg

Permitted colours used in capsule shell

Benefits

- Supports the concentration level and retention power.
- Helps to balance alertness.
- Helps to calm the mind.
- Helps to relive mental fatigue

Dosage: Take 2 soft gel capsules daily in the morning or as recommended by the physician. It should ideally be taken on empty stomach before meals. For better results it should be taken with warm water.

Smruti FP Capsule

60 Capsule



Composition :

Each 450mg Capsule Contains		
Brahmi whole plant powder	(Bacopa monnieri)	103 mg
Shankhapushpi whole plant powder	(Convolvuluspluricaulis)	80 mg
Jyotishmati seed powder	(Celatrus paniculatus)	40 mg
Ashwagandha root powder	(Withania somnifera)	34.40 mg
Mandukparnee Whole plant powder	(Centellaasiatica)	58 mg
Turmeric rhizome powder	(Curcuma longa)	40 mg
Tagar rhizome powder	(Valeriana wallichii)	68 mg
Vacha rhizome powder	(Acorus calamus)	3 mg
Guduchi stem powder	(Tinospora cordifolia)	12 mg
Triphala powder (pericarp of Amla, harde, baheda)	(Mix of emblica officinalis, Terminalia chebula, Termianalia bellerica)	6 mg
Nagarmotha rhizome powder	(Cyperus scariosus)	5.60 mg
Bhavna dravya:		
Cow ghee		qs
Cow milk		qs
Excipient		qs

Benefits

- Supports the concentration level and retention power.
- Helps to balance alertness.
- Helps to calm the mind.
- Helps to relive mental fatigue

Dosage: Take 1 capsule twice daily, preferably after meals or as directed by physician.

Smruti Pro Capsule

60 Capsule



Composition :

Each 400mg Capsule Contains		
Brahmi whole plant powder	Bacopa monnieri	75 mg
Shankhapushpi whole plant powder	Convolvuluspluricaulis	75 mg
Jyotishmati seed powder	Celatrus paniculatus	40 mg
Ashwagandha root powder	Withania somnifera	35 mg
Mandukparnee whole plant powder	Centellaasiatica	60 mg
Turmeric rhizome powder	Curcuma longa	40 mg
Tagar rhizome powder	Valeriana wallichii	70 mg
Vacha rhizome powder	Acorus calamus	5 mg
Excipient		qs

Benefits

- Supports the concentration level and retention power.
- Helps to balance alertness.
- Helps to calm the mind.
- Helps to relive mental fatigue

Dosage: Take 1 capsule twice daily, preferably after meals or as directed by physician.