



**HERBAL HILLS®**

# QUICK LABELS

Green Food Supplements

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**Ayurvedic Third Party Manufacturer**

## 1. Wheatgrass Tablet



60 Tablets

120 Tablets

500 Tablets

900 Tablets

**Ingredients:**  
Wheatgrass powder

### Benefits

- Abundant in Vitamins and Minerals
- Supports Detoxification
- Helps in providing Energy
- Assists in Digestive Wellness

**Directions :** Take 2 tablets twice a day. It should be ideally taken on empty stomach before meals. For better results it should be taken with warm water

## 2. Wheatgrass Powder



100gm

500gm

1Kg

**Ingredients:**  
Wheatgrass powder

### Dosage :

**Directions :** Take one rounded teaspoon (approx. 3.5 gms) of powder daily in the morning. It should ideally be taken on empty stomach before meals.

**Serving Suggestion :** Mix with water or juice. For better results it should be taken with warm water.

### Benefits

- Abundant in Vitamins and Minerals
- Supports Detoxification
- Helps in providing Energy
- Assists in Digestive Wellness

## 3. Alfalfa Tablet



120 Tablets

900 Tablets

**Ingredients:**  
Alfalfa powder

**Dosage :** Take 2 tablets twice a day. It should be ideally taken on empty stomach before meals. For better results it should be taken with warm water

### Benefits

- Daily dose of Nutrients
- Supports Joint Health
- May Supports Hormonal Balance
- Helps in maintaining iron levels

## 4. Alfalfa Powder



1 kg

### Ingredients:

Alfalfa powder

**Dosage :** Take one rounded teaspoon(approx. 3.5 gms) of powder daily in the morning. It should ideally be taken on empty stomach before meals.

**Serving Suggestion :** Mix with water or juice. For better results it should be taken with warm water.

### Benefits

- Daily dose of Nutrients
- Supports Joint Health
- May Supports Hormonal Balance
- Helps in maintaining iron levels

## 5. Barley Grass Tablet



120 Tablets



900 Tablets

### Ingredients:

Barley Grass powder

### Dosage :

**Tablets:** Take 2 tablets twice a day. It should be ideally taken on empty stomach before meals. For better results it should be taken with warm water

### Benefits

- May help to reduce Constipation
- Natural Antioxidant Properties
- Supports Natural Weight Management
- Helps by providing Energy and Vitality

## 6. Barley Grass Powder



1 kg

### Ingredients:

Barley Grass powder

**Dosage :** Take one rounded teaspoon(approx. 3.5 gms) of powder daily in the morning. It should ideally be taken on empty stomach before meals.

**Serving Suggestion :** Mix with water or juice. For better results it should be taken with warm water.

### Benefits

- May help to reduce Constipation
- Natural Antioxidant Properties
- Supports Natural Weight Management
- Helps by providing Energy and Vitality

## 7. Green vegie Tablet



**60 Tablets**



**900 Tablets**

### Ingredients:

Wheatgrass, Alfalfa, Barley Grass, Spirulina, Proprietary Herbal Blend of Tulsi, Pippali, Ashwagandha, Turmeric, Amla Digestive enzyme blend, Flax seeds, Sunflower seeds, Sesame seeds, Ajma seeds, Methi seeds

### Dosage :

**Tablets:** Take 2 tablets twice a day. It should be ideally taken on empty stomach before meals. For better results it should be taken with warm water

### Benefits

- Unique blend of Green Superfoods, Herbs & Seeds
- Helps in Digestion & Metabolism
- May Improve Energy and Stamina
- Helps to Improve Immune Health

## 8. Spirulina Tablet



**60 Tablets**



**120 Tablets**



**900 Tablets**

### Ingredients:

Spirulina powder

### Dosage :

**Tablets:** Take 2 tablets twice a day. It should be ideally taken on empty stomach before meals. For better results it should be taken with warm water

### Benefits

- Nutrient-Rich Superfood Supplement
- High Protein Content for Muscle Support
- Helps to Improve Energy
- Supports immune health

## 9. Lemon Grass Powder



**200g**

### Ingredients: Lemongrass

### How to Consume:

**Step 1-** Take 1/2 Tsp to 1 Cup Boiling Water and Boil for 3 to 4 mins.

**Step 2 -** Reduce the Heat and Simmer for Additional 5 min.

**Step 3 -** Strain the Stalks from liquid. **Step 4 -** Add milk, sugar/ honey as per choice.

### Benefits

- Helps to Maintain Respiratory Health
- Assists in Detoxification & Helps to Improve Energy
- Natural Antioxidant Properties
- Supports Digestive Health